

# Mckenzie Mountaineering - Guided Walking Adventures

www.mckenziemountaineering.com

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### Date:

• 12/10 - 16/10/2023

# **Pictures**

Ullapool & Part of Ullapool Hill - <a href="https://photos.app.goo.gl/8eDYcx94Rfbwbwq68">https://photos.app.goo.gl/8eDYcx94Rfbwbwq68</a>

Beinn Eilideach - https://photos.app.goo.gl/A9FfcT47W1wJwHk68

Cul Mor - https://photos.app.goo.gl/m1PT1Qw6ogRcWv7R7

Traligil & Bone Caves - https://photos.app.goo.gl/F3pgKu2sJYmsF8D2A

Loch Broom & Boat Pictures - https://photos.app.goo.gl/zFFBKhABKuiRT9h7A

Ullapool Charters - <a href="https://photos.app.goo.gl/wWYzi5QQyDMo4pty6">https://photos.app.goo.gl/wWYzi5QQyDMo4pty6</a>

Caledonian Hotel - https://photos.app.goo.gl/J4xKNHjebf6Unpqi6

Rosie & Ben - https://photos.app.goo.gl/Dbgdg8CyjQJLisgUA

#### **Videos**

Dolphins filmed from Shearwater - <a href="https://fb.watch/ixSuoEWHYN/">https://fb.watch/ixSuoEWHYN/</a>

Look at Shearwater and Dolphins - <a href="https://fb.watch/ixSyjxVxUQ/">https://fb.watch/ixSyjxVxUQ/</a>











### **Walking Areas**

https://www.outdooractive.com/en/list/olivier/260209144/?share=%7Ezvgbpwvp%244ossighm

### 12th October

- 12.40 25 Guests Arrival
- 13.15 Transfer Inverness Airport to Ullapool for part of the group (up to 16 guests)
- 15.00 Arrival Ullapool & Check In

Free time to explore Ullapool and relax after a long journey or do an optional activity.

Whisky Distillery group schedule

- 13.15 Transfer Inverness Airport to Singleton Distillery
- 13.45 Snack at Inn (<a href="https://cononhotel.com/">https://cononhotel.com/</a>) (GBP 15 per person)
- 14.30 Distillery tour (Distillery Tour £20, Lunch beforehand £15)

https://www.malts.com/en-gb/distilleries/the-singleton-of-glen-ord

https://maps.app.goo.gl/hYXcyw3QoAWotdJs6

17.00 Arrive in Ullapool at the Hotel

## **Optional Activities**

16.00 - 18.00 Cycle to Loch Achall and back (<a href="https://www.ullapoolbikehire.co.uk/family-cycling-boathouse-picnic-cycle/">https://www.ullapoolbikehire.co.uk/family-cycling-boathouse-picnic-cycle/</a>)

16.00 - 18.00 Stand-Up Paddling Hire or lesson (<a href="https://www.whatsupullapool.co.uk/ullapool-small-pier/">https://www.whatsupullapool.co.uk/ullapool-small-pier/</a>)











16.00 – 18.00 Boat trip for 2 hours (https://ullapoolcharters.com/)

16.00 – 17.30 Ullapool History Walk

Ullapool Museum, Relaxing or shopping.

19.30 Dinner (within walking distance)

### 13th October

No Transport involved for this day (saving transport cost)

09.00 Both groups start walking together.

Easier Walk: Ullapool Hill Circuit (Maol Chalaisgeig) - 7 - 9 km, Ascent 300 m, Descent 300 m - Walking time 2 - 3 h - (https://www.walkhighlands.co.uk/ullapool/ullapoolhill.shtml)

This short but steep ascent reveals superb views over Loch Broom and Ullapool. The highest point is the outcrop of Meall Mòr with views inland of Loch Achall and surrounding countryside. The walk is particularly beautiful in the autumn when the heather is a purple blaze.

Intermediate Walk: Beinn Eilideach (13 km – Ascent 575 m, Descent 575 m – Walking time 5 h)

We begin this day by walking up onto Ullapool hill from Ullapool village; the views over the village and out to the summer isles are fantastic.

From the summit of 270 metres, we continue our route over reasonably rough ground to Beinn Eilideach, which stands at 559 metres high.

The summit treats us to beautiful views in all directions. There is a lochan near the top known locally as the infinity loch, which is excellent for a quick dip on a warm day!

We return via a different route finding our way through some fantastic crags to finally be back onto the Ullapool hill footpath and gradually make our way back to the village.

This all makes for a super day out over varied terrain!











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19.30 Dinner

#### 14th October

09.00 Depart to drive to walk.

09.45 Both groups start walking together.

Easier Walk: Traligil Caves (7 km – Ascent 250 m, Descent 250 m – Walking time 2 - 2.5 h) - (https://www.walkhighlands.co.uk/ullapool/traligill-caves.shtml)

This walk up the Traligill Glen visits the impressive entrances of the largest cave system in Scotland. The views of the surrounding mountains are excellent.

12.45 Finish the Walk and, depending on the weather, have a bit of a sightseeing trip to Ardvreck Casle, Loch Assynt, Lochinver, and Achmelvich Beach

Intermediate: Traligil Caves/Bone Caves Combined (12 km – Ascent 450 m, Descent 400 m – Walking time 4 h) - (<a href="https://www.walkhighlands.co.uk/ullapool/bonecaves.shtml">https://www.walkhighlands.co.uk/ullapool/bonecaves.shtml</a>) (We walk it reversed from Inchnadamph to Bone Caves)











This walk takes you up the beautiful limestone valley of the Allt nan Uamh (Burn of the Caves) to the famous **Bone Caves**. Here the bones of bears, reindeer and wolves have been discovered. In past times, these majestic animals roamed in this part of the country.

From the Caves, we make our way up towards the foot of **Breabag**, from here we turn north, walking pathless towards Inchnadamph.

Another stunning limestone landscape opens up in front of us. The valley called **Traligill** named by the Norsemen, meaning valley of the Trolls. We explore this area which includes the impressive entrances of the largest cave system in Scotland and the whole area is surrounded by excellent mountain views. We finish this superb walk at the walker's car park in Inchnadamph.

14.30/15.00 Finish Walk and, depending on weather and times a bit of sightseeing trip to Ardvreck Castle and Loch Assynt)

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### 15th October

09.00 Depart for Walk











09.30 Start Walk together.

Easier Walk: Walk in with the intermediate group and will turn around earlier.

13.00 Finish Walk and extend over to Knockan Crags (Knockan Crags (https://www.nature.scot/enjoying-outdoors/visit-our-nature-reserves/knockan-crag-national-nature-reserve)

14.30 Return to Ullapool

15.00 Back in Ullapool

Intermediate: Cul Mor (8 miles, 13 km - Ascent 670 m, Descent 670 m - Walking time 5 h)

Assynt in the far North West of Scotland is literally jaw-dropping, the landscape is so outstanding and other worldly that you'd think you'd travelled to another planet.

One of the highest peaks in Assynt, Cul Mor's rocky summit is a window both to beautiful views and to the history of how the surrounding landscape was formed. Cul Mor, meaning 'big back', rises up from Knockan Crag to the east to overlook Loch Sionascaig and the neighbouring peak Stac Pollaidh to the west.

Despite its higher altitude, it is less well known than two of its other neighbours, <u>Suilven</u> and <u>Stac Pollaidh</u>, but being higher, it commands views over these and other neighbours as well as extensive stunning views out to the Summer Isles.

Knockan Crags (https://www.nature.scot/enjoying-outdoors/visit-our-nature-reserves/knockan-crag-national-nature-reserve)

15.00 Finish Walk and look at Knockan Crags

15.30 Return to Ullapool

16.00 Back in Ullapool











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#### 16th Oct

- 07.00 Breakfast
- 08.00 Departure to Culloden Battlefield
- 09.15 Arrival at Culloden Battlefield & Visit (<a href="https://www.nts.org.uk/visit/places/culloden">https://www.nts.org.uk/visit/places/culloden</a>) Entry between £11 -14
- 11.00 Drive to Clava Cairns
- 11.05 Visit Clava Cairns (<a href="https://www.historicenvironment.scot/visit-a-place/places/clava-cairns/">https://www.historicenvironment.scot/visit-a-place/places/clava-cairns/</a>) Free entry
- 11.30 Departure to Inverness Airport
- 11.45 Arrival at Airport
- 13.30 Departure with KLM











### **Optional Activities Websites & Prices 2023**

Ullapool Museum - <a href="https://www.ullapoolmuseum.co.uk/">https://www.ullapoolmuseum.co.uk/</a>

Entry: £5

Ullapool Golf Course - <a href="https://www.ullapoolgolfclub.co.uk/">https://www.ullapoolgolfclub.co.uk/</a>

9 hole - £15, 18 hole - £25

2h Boat trip - <a href="https://www.summerqueen.co.uk/">https://www.summerqueen.co.uk/</a>

https://www.facebook.com/ShearwaterCruises

Fly fishing - <a href="https://assyntflyfishing.com/">https://assyntflyfishing.com/</a>

Stand Up Paddle Hire/Lesson - <a href="https://www.whatsupullapool.co.uk/">https://www.whatsupullapool.co.uk/</a>

Board Hire 1 - 3 h - £25, Wetsuit £10

Cycle Hire - <a href="https://www.ullapoolbikehire.co.uk/">https://www.ullapoolbikehire.co.uk/</a>

Bike Hire - £25, eBike Hire - £45

Kayaking or Canoes - <a href="https://www.kayaksummerisles.com/">https://www.kayaksummerisles.com/</a>

Ullapool Village History Walks - <a href="https://www.ullapooltours.com/">https://www.ullapooltours.com/</a>

Between £8 - 15 per person

Dinners (provisional):

Seaforth Restaurant - <a href="https://www.theseaforth.com/">https://www.theseaforth.com/</a>

Arch Inn - <a href="http://www.thearchinn.co.uk/">http://www.thearchinn.co.uk/</a>

Clubhouse Bar/Restaurant - <a href="https://m.facebook.com/people/The-Clubhouse/100059341868121/">https://m.facebook.com/people/The-Clubhouse/100059341868121/</a>











Ceilidh Place - <a href="https://www.theceilidhplace.com/">https://www.theceilidhplace.com/</a>

Bistro Caledonian - TBC









